

APPENDIX B:

Skills stations assessment sheets: mark determination

Station 1

Candidate's Name:

Assessor's Name:

Date of examination:

A. BINOCULAR VISION ANALYSIS		
i) Cover Test		
Did the candidate:	Circle Yes or No	
Explain the purpose of the procedure to the subject?	Yes	No
Instruct the subject correctly?	Yes	No
Provide the subject with an adequate fixation target?	Yes	No
Use an appropriate occluder?	Yes	No
Use appropriate room lighting?	Yes	No
Perform correctly the unilateral cover test at distance and near?	Yes	No
Determine whether fixation was maintained under monocular conditions and binocular conditions?	Yes	No
Determine how the eye deviated under cover (eso, exo, hyper or hypo)?	Yes	No
Determine whether there was a return to fusion after the cover was removed?	Yes	No
Determine whether the deviation was a phoria or a tropia?	Yes	No
Determine whether any observed strabismus was constant or intermittent, unilateral or alternating?	Yes	No
Perform correctly the alternating cover test at distance and near?	Yes	No
Use prism to accurately neutralise the movement (within 3 prism dioptres)?	Yes	No
Record all findings clearly using the appropriate notation?	Yes	No
Demonstrate this technique satisfactorily?	Yes	No
Additional comments if technique not performed satisfactorily		

ii) Heterophoria Measurement		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the test?	Yes	No
Instruct the subject correctly?	Yes	No
Provide the subject with an adequate fixation target?	Yes	No
Use appropriate room lighting?	Yes	No
Employ an appropriate method to measure accurately the horizontal phoria (within 2 prism dioptres) and the vertical phoria (within 1 prism dioptre) at distance and near?	Yes	No
Accurately record the findings using the appropriate notation?	Yes	No
Demonstrate this technique satisfactorily?	Yes	No
Additional comments if technique not performed satisfactorily		

iii) Vergence Testing at near		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the test?	Yes	No
Instruct the subject correctly?	Yes	No
Provide the subject with an adequate fixation target?	Yes	No
Use appropriate room lighting?	Yes	No
Gradually increase the prism power to correctly measure blur, break and recovery points for base in and base out prism?	Yes	No
Accurately record the findings using the appropriate notation?	Yes	No
Place an appropriate fixation target for vertical vergence measurements at 40 cm from the patient?	Yes	No
Gradually alter the prism power to correctly measure the vertical reserves (break and recovery)?	Yes	No
Accurately record the findings using the appropriate notation?	Yes	No
Demonstrate this technique satisfactorily?	Yes	No
Additional comments if technique not performed satisfactorily		

Did the candidate PASS or FAIL this skill (comprising techniques i), ii), iii)?	PASS	FAIL
PASS requires pass of all techniques i), ii), iii)		
If skill failed, please provide further details – this will be provided to candidates to help them address their skills gaps		
Assessor's signature		

Station 3

Candidate's Name:

Assessor's Name:

Date of examination:

F. CONTACT APPLANATION TONOMETRY		
Note: The candidate may use a Perkins or a Goldmann tonometer.		
Did the candidate:	Circle Yes or No	
Explain the purpose of the procedure to the subject?	Yes	No
Instruct the subject correctly?	Yes	No
Wash their hands prior to the commencement of the test?	Yes	No
Disinfect and adequately dry the tonometer probe?	Yes	No
Instil the topical anaesthetic and fluorescein appropriately?	Yes	No
Record the name of drops instilled and time instilled?	Yes	No
Assess the corneas for staining prior to performing the test?	Yes	No
Correctly position the tonometer and align the probe?	Yes	No
For Goldmann Tonometry only: maintain a clear image of the correct fluorescein ring pattern necessary for an accurate reading for the examiner to observe through the teaching eyepiece?	Yes	No
Perform the test in a safe, fluent, confident manner?	Yes	No
Take an accurate reading within +/- 3mm Hg and remove the tonometer safely?	Yes	No
Record findings using the appropriate terminology?	Yes	No
Check the corneal integrity at the completion of the test and manage appropriately?	Yes	No
Perform the test resulting in no clinically significant corneal staining (if circled no, clearly document the clinically significant corneal staining)	Yes	No

Did the candidate PASS or FAIL this skill?	PASS	FAIL
If skill failed, please provide further details – this will be provided to candidates to help them address their skills gaps		
Assessor's signature		

Station 4

Candidate's Name:

Assessor's Name:

Date of examination:

G. VISUAL FIELD ASSESSMENT		
i) Amsler Grid Testing		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the test?	Yes	No
Instruct the subject correctly?	Yes	No
Occlude the eye not to be tested?	Yes	No
Provide the subject with their normal near prescription?	Yes	No
Use a working distance of 30 cm?	Yes	No
Use appropriate lighting?	Yes	No
Determine the results of the Amsler grid test for one eye?	Yes	No
Record findings?	Yes	No
Demonstrate this technique satisfactorily?	Yes	No
Additional comments if technique not performed satisfactorily		

ii) Automated visual field screening		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the test?	Yes	No
Instruct the subject correctly?	Yes	No
Use appropriate room lighting (dim or dark)?	Yes	No
Occlude the eye not being tested?	Yes	No
Display familiarity with the controls and operation of the visual field screening apparatus?	Yes	No
Provide the subject with their near visual prescription?	Yes	No
Position the subject at the instrument correctly?	Yes	No
Choose the most appropriate program to screen the visual fields?	Yes	No
Measure the monocular visual fields for one eye and have the results printed?	Yes	No
Correctly interpret the results of the visual field test?	Yes	No
Demonstrate this technique satisfactorily?	Yes	No
Additional comments if technique not performed satisfactorily		

iii) Confrontation		
Did the candidate:	Circle Yes or No	
Explain to the subject the purpose of the test?	Yes	No
Instruct the patient correctly?	Yes	No
Occlude one eye of the subject?	Yes	No
Use an appropriate working distance?	Yes	No
Monitor the patient's fixation?	Yes	No
Use an appropriate target to measure the fields to confrontation?	Yes	No
Record results using the appropriate notation?	Yes	No
Demonstrate this technique satisfactorily?	Yes	No
Additional comments if technique not performed satisfactorily		

Did the candidate PASS or FAIL this skill (comprising techniques i), ii), iii))? PASS requires pass of all techniques i), ii), iii)	PASS	FAIL
If skill failed, please provide further details – this will be provided to candidates to help them address their skills gaps		
Assessor's signature		

Station 4

Candidate's Name:

Assessor's Name:

Date of examination:

H. COLOUR VISION ASSESSMENT		
i) Pseudo-isochromatic plates		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the procedure?	Yes	No
Instruct the subject correctly?	Yes	No
Ensure that tests were carried out under appropriate illumination?	Yes	No
Determine whether the subject has passed or failed the test?	Yes	No
Demonstrate this technique satisfactorily?	Yes	No
Additional comments if technique not performed satisfactorily		

ii) Farnsworth D15 test		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the test?	Yes	No
Instruct the subject correctly?	Yes	No
Administer the Farnsworth D15 test ensuring that it was performed under appropriate illumination?	Yes	No
interpret and record the results of the Farnsworth D15 test	Yes	No
Demonstrate this technique satisfactorily?	Yes	No
Additional comments if technique not performed satisfactorily		

Did the candidate PASS or FAIL this skill (comprising techniques i), ii)?	PASS	FAIL
PASS requires pass of all techniques i), ii)		
If skill failed, please provide further details – this will be provided to candidates to help them address their skills gaps		
Assessor's signature		

Station 5

Candidate's Name:

Assessor's Name:

Date of examination:

I. SLIT-LAMP BIOMICROSCOPY		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the test?	Yes	No
Wash their hands prior to the commencement of the test?	Yes	No
Adjust the focus and separation of the eyepieces and clean the chin and forehead rests?	Yes	No
Instruct the subject correctly?	Yes	No
Correctly position the subject at the slit-lamp?	Yes	No
Use the appropriate beam width and maintain an image for the examiner to observe through the teaching eyepiece for the examination of the lids, the lashes and the lid margins?	Yes	No
Accurately record observations of the lids, the lashes and the lid margins?	Yes	No
Use the appropriate beam width and maintain an image for the examiner to observe through the teaching eyepiece for the examination of the palpebral conjunctiva (including lower and upper lid eversion) and the bulbar conjunctiva?	Yes	No
Accurately record observations of the palpebral conjunctiva and the bulbar conjunctiva?	Yes	No
Examine the cornea appropriately (using white illumination with parallelepiped and optic section) and maintain an image for the examiner to observe through the teaching eyepiece?	Yes	No
Describe and record findings from the examination of the cornea accurately?	Yes	No
Properly assess the anterior chamber using the van Herick method?	Yes	No
Accurately record the anterior chamber angle?	Yes	No
Accurately examine the iris and the lens?	Yes	No
Accurately record observations of the iris and the lens?	Yes	No
Screen the anterior chamber for cells and aqueous flare?	Yes	No
Use the slit lamp in a fluent, confident, efficient and logical manner?	Yes	No

Did the candidate PASS or FAIL this skill?	PASS	FAIL
If skill failed, please provide further details – this will be provided to candidates to help them address their skills gaps		
Assessor's signature		

Station 5

Candidate's Name:

Assessor's Name:

Date of examination:

J. GONIOSCOPY		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the test?	Yes	No
Instruct the subject correctly?	Yes	No
Wash their hands prior to the commencement of the test?	Yes	No
Instil local anaesthetic appropriately and place appropriate fluid on gonioscopes?	Yes	No
Correctly set up the illumination system of the slit-lamp and position the subject at the slit-lamp correctly?	Yes	No
Insert the lens safely?	Yes	No
Obtain a clear view for observation by the examiner via a teaching mirror?	Yes	No
Systematically examine the 4 quadrants, identify visible angle structures in the inferior quadrant and describe significant findings?	Yes	No
Record findings appropriately?	Yes	No
Remove the gonioscope safely?	Yes	No
Rinse the gonioscope solution from the eye of the subject?	Yes	No
Clean and disinfect the gonioscope (and speculum if needed)?	Yes	No
Check the corneal integrity?	Yes	No

Did the candidate PASS or FAIL this skill?	PASS	FAIL
If skill failed, please provide further details – this will be provided to candidates to help them address their skills gaps		
Assessor's signature		

Station 7

Candidate's Name:

Assessor's Name:

Date of examination:

N. RIGID LENS INSERTION AND ASSESSMENT		
Note: candidates will be supplied with the keratometry readings of the subject.		
Did the candidate:	Circle Yes or No	
Inform the subject of the purpose of the procedure?	Yes	No
Instruct the subject correctly?	Yes	No
Wash their hands prior to the commencement of the test?	Yes	No
Select a suitable rigid contact lens for one eye of the patient?	Yes	No
Inspect the lens to determine if there was any damage?	Yes	No
Properly prepare the lens for insertion (correct solutions etc)?	Yes	No
Provide an appropriate fixation point for the patient?	Yes	No
Immobilise the lids and insert the lens properly?	Yes	No
Advise the patient on blinking and eye position after release of the lids?	Yes	No
Insert fluorescein correctly?	Yes	No
Determine the fit of the lens in terms of centration, corneal coverage, corneal clearance, degree of movement in the primary position and degree of movement in up-gaze	Yes	No
Record observations using the appropriate terminology?	Yes	No
Safely and efficiently remove the lens without the aid of mechanical devices?	Yes	No

Did the candidate PASS or FAIL this skill?	PASS	FAIL
If skill failed please provide further details – this will be provided to candidates to help them address their skills gaps		
Assessor's signature		

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Approved by	Examination Committee